

OSHA Respirator Medical Evaluation Questionnaire (Mandatory)

To the employer: Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

To the employee:

CAN YOU READ (Circle One): Yes / NO

Part A. Section 1. (Mandatory) The following information must be provided by every employee who has been selected to use any type of respirator. (Please print)

1. Today's date: _____
2. Name: _____
3. Age: _____
4. Sex: (circle one): Male/Female
5. Ht. _____ Ft. _____ in. _____
6. Weight: _____ lbs.
7. Your job title: _____
8. A phone number where you can be reached by the health care professional who reviews this questionnaire: (include Area Code): _____
9. The best time to phone you at this number: _____
10. Has your employer told you how to contact the health care professional who will review this questionnaire? Yes/No
11. Check the type of respirator you will use (you can check more than one category):
 - a. _____ N, R, or p disposable respirator (filter-mask, non- cartridge type only)
 - b. _____ Other type (for example, half or full face piece type, powered-air purifying, supplied air, self-contained breathing apparatus).
12. Have you worn a respirator (circle one): YES/NO
If "YES" what type(s): _____

Part A. Section 2. (Mandatory) Questions 1-9 below must be answered by every employee who has been selected to use any type of respirator (please circle "Yes" or "No").

1. Do you **currently** smoke tobacco, or have you smoked in the last month: Yes/No
2. Have you **ever had** any of the following conditions?
 - a. Seizures (fits): Yes/No
 - b. Diabetes (sugar disease): Yes/No
 - c. Allergic reactions that interfere with your breathing: Yes/No
 - d. Claustrophobia (fear of closed-in places): Yes/No
 - e. Trouble smelling odors: Yes/No
3. Have you **ever had** any of the following pulmonary or lung problems? Yes/No
 - a. Asbestosis: Yes/No
 - b. Asthma: Yes/No
 - c. Chronic bronchitis: Yes/No
 - h. Pneumothorax (collapsed lung): Yes/No
 - i. Lung cancer: Yes/No
 - j. Broken ribs: Yes/No

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| d. Emphysema: | Yes/No | k. Any chest injuries or surgeries: | Yes/No |
| e. Pneumonia: | Yes/No | l. Any other lung problem | |
| f. Tuberculosis: | Yes/No | you have been told about: | Yes/No |
| g. Silicosis: | Yes/No | | |

4. Do you currently have any of the following symptoms of pulmonary or lung illness?

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|--|--------|
| a. Shortness of breath: | Yes/No |
| b. Shortness of breath when walking fast on level ground or walking up a slight hill: | Yes/No |
| c. Shortness of breath when walking with other people at an ordinary pace on level ground: | Yes/No |
| d. Have to stop for breath when walking at your own pace on level ground: | Yes/No |
| e. Shortness of breath when washing or dressing yourself: | Yes/No |
| f. Shortness of breath that interferes with your job: | Yes/No |
| g. Coughing that produces phlegm (thick sputum): | Yes/No |
| h. Coughing that wakes you early in the morning: | Yes/No |
| i. Coughing that occurs mostly when you are lying down: | Yes/No |
| j. Coughing up blood in the last month: | Yes/No |
| k. Wheezing | Yes/No |
| l. Wheezing that interferes with your job: | Yes/No |
| m. Chest pain when you breathe deeply: | Yes/No |
| n. Any other symptoms that you think may be related to lung problems: | Yes/No |

5. Have you *ever had* any of the following cardiovascular or heart problems?

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|---|--------|
| a. Heart attack: | Yes/No |
| b. Stroke: | Yes/No |
| c. Angina: | Yes/No |
| d. Heart failure: | Yes/No |
| e. Swelling in your legs or feet (not caused by walking): | Yes/No |
| f. Heart arrhythmia (heart beating irregularly): | Yes/No |
| g. High blood pressure: | Yes/No |
| h. Any other heart problem that you've been told about: | Yes/No |

6. Have you *ever had* any of the following cardiovascular or heart symptoms?

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| a. Frequent pain or tightness in your chest: | Yes/No |
| b. Pain or tightness in your chest during physical activity: | Yes/No |
| c. Pain or tightness in your chest that interferes with your job: | Yes/No |
| d. In the past two years, have you noticed your heart skipping or missing a beat: | Yes/No |
| e. Heartburn or indigestion that is not related to eating: | Yes/No |
| f. Any other symptoms that you think may be related to heart or circulation problems: | Yes/No |

7. Do you *currently* take medication for any of the following problems?

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| a. Breathing or lung problems: | Yes/No |
| b. Heart trouble: | Yes/No |
| c. Blood pressure: | Yes/No |
| d. Seizures: | Yes/No |

8. If you've used a respirator, have you *ever had* any of the following problems? (If you've never used a respirator, check the following space and go to question 9:) Have never used a respirator _____

- | | |
|------------------------------|--------|
| a. Eye irritation: | Yes/No |
| b. Skin allergies or rashes: | Yes/No |
| c. Anxiety: | Yes/No |

- d. General weakness or fatigue: Yes/No
e. Any other problem that interferes with your use of a respirator: Yes/No

9. **Would you like to talk to the health care professional who will review this questionnaire about your answers:** Yes/No

Questions 10 to 15 below must be answered by every employee who has been selected to use either a full-face piece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

10. **Have you *ever lost* vision in either eye (temporarily or permanently):** Yes/No

11. **Do you currently have any of the following vision problems?**

- a. Wear contact lenses: Yes/No
b. Wear glasses: Yes/No
c. Color blind: Yes/No
d. Any other eye or vision problem: Yes/No

12. **Have you *ever had* an injury to your ears, including a broken ear drum:** Yes/No

13. **Do you *currently* have any of the following hearing problems:**

- a. Difficulty hearing: Yes/No
b. Wear a hearing aid: Yes/No
c. Any other hearing or ear problem: Yes/No

14. **Have you *ever had* a back injury:** Yes/No

15. **Do you *currently* have any of the following musculoskeletal problems?**

- a. Weakness in any of your arms, hands, legs, or feet: Yes/No
b. Back pain: Yes/No
c. Difficulty fully moving your head up or down: Yes/No
d. Pain or stiffness when you lean forward or backward at the waist: Yes/No
e. Difficulty fully moving your arms or legs: Yes/No
f. Difficulty bending at your knees: Yes/No
g. Difficulty squatting to the ground: Yes/No
h. Climbing a flight of stairs or a ladder carrying more than 25 lbs: Yes/No
i. Any other muscle or skeletal problem that interferes with using a respirator: Yes/No

Signature: _____

Date: _____